

2019 Extension Master Food Volunteer Program - NC Cooperative Extension - Haywood County
589 Raccoon Rd., Suite 118, Waynesville, NC 28786 (828)-456-3575

Topic	Date	Time
Program Orientation /Overview	May 9, 2019	9:00am – 12 noon
History of Extension	May 16, 2019	9:00am – 12 noon
Teaching Strategies/Diversity	May 23, 2019	9:00am – 12 noon
Programs that Work	May 30, 2019	9:00am – 12 noon
Changing Health Behaviors	June 6, 2019	9:00am – 12 noon
Food Systems & Local Food	June 13, 2019	9:00am – 12 noon
Nutrition 101	June 20, 2019	9:00am – 12 noon
Food Safety	July 11, 2019	9:00am – 12 noon
Cooking Skills	July 18, 2019	9:00am – 12 noon
Cooking Demonstrations /	July 25, 2019	9:00am – 12 noon